

Areas of life that can be affected by a criminal record

This table is an overview that looks at areas of life, based on our '[seven stages of a criminal record](#)'.

It is best used digitally and is available to download from hub.unlock.org.uk/stagesA4.

	Criminal record checks	Employment *	Education **	Insurance *	Travel abroad
Just got a caution	Won't be disclosed on a basic check but will be on standard/enhanced checks	Don't need to disclose for jobs covered by the ROA.*** Will need to disclose for those roles that are exempt.	Only need to disclose if applying for a course involving working with children or vulnerable adults	Don't need to disclose when buying or renewing an insurance policy	<p>The Rehabilitation of Offenders Act 1974 is not recognised overseas. What you need to disclose will depend on the country you are visiting and the details of your criminal record</p> <p>See our sections on travelling abroad and travelling to the US</p>
Just got a conviction	Will be disclosed on all types of criminal record check (basic, standard and enhanced)	Need to disclose for all jobs (if asked about criminal records)	Need to disclose if applying for a course involving working with children or vulnerable adults. For other courses only disclose 'relevant' convictions	Need to disclose when buying or renewing an insurance policy (if asked)	
Leaving prison	Will be disclosed on all types of criminal record check (basic, standard and enhanced)	Need to disclose for all jobs (if asked about criminal records)	Need to disclose if applying for a course involving working with children or vulnerable adults. For other courses only disclose 'relevant' convictions	Need to disclose when buying or renewing an insurance policy (if asked)	
On probation	Will be disclosed on all types of criminal record check (basic, standard and enhanced)	Need to disclose for all jobs (if asked about criminal records)	Need to disclose if applying for a course involving working with children or vulnerable adults. For other courses only disclose 'relevant' convictions	Need to disclose when buying or renewing an insurance policy	
Got an unspent conviction	Will be disclosed on all types of criminal record check (basic, standard and enhanced)	Need to disclose for all jobs (if asked about criminal records)	Need to disclose if applying for a course involving working with children or vulnerable adults. For other courses only disclose 'relevant' convictions	Need to disclose when buying or renewing an insurance policy	
Got a spent conviction (Check if it's spent by using our calculator)	Won't be disclosed on a basic check Will be disclosed on standard/enhanced checks	Don't need to disclose for jobs covered by the ROA Will need to disclose for those roles that are exempt	Only need to disclose if applying for a course involving working with children or vulnerable adults	Don't need to disclose when buying or renewing an insurance policy.	
Your caution/conviction has been filtered (Check if it's filtered by using our flowchart)	Won't be disclosed on any type of criminal record check (basic, standard and enhanced)	Don't need to disclose for any type of job	Don't need to disclose for any university course	Don't need to disclose when buying or renewing an insurance policy.	

* You only need to disclose if you're asked to do so. If you're not asked you, don't need to disclose, although there may be reasons why you might choose to.

** Colleges/universities usually only ask applicants to disclose **relevant** unspent convictions unless you are applying for a course which would involve working with children or vulnerable adults. See our section on [applying to university](#).

*** Rehabilitation of Offenders Act 1974